

Frank Iovieno  
Series: "Lord, Teach Me to Pray"  
Message #7

Trinity Baptist Church  
February 18, 2018

## ***FORGIVE US OUR DEBTS AS WE ALSO FORGIVE***

### **INTRODUCTION**

*Matthew 6:9-15*

### **Am I Forgiven?**

*Romans 3:23: 5:8: 10:9-10*

### **Do I Forgive Others?**

*Ephesians 4:32*  
*Colossians 3:13*

C S Lewis said "We all agree that forgiveness is a beautiful idea until we have to practice it."

Luke 12:8  
Matthew 18:21

Johns Hopkins psychiatrist Karen Swartz  
[https://www.hopkinsmedicine.org/health/healthy\\_aging/healthy\\_connections/forgiveness-your-health-depends-on-it](https://www.hopkinsmedicine.org/health/healthy_aging/healthy_connections/forgiveness-your-health-depends-on-it)

### **What Is REAL Forgiveness?**

*Romans 12:19*  
*1 Thessalonians 5:15*  
*Luke 6:28*  
*Matthew 5:44*  
*Romans 12:18*  
*Exodus 23:4*  
*Matthew 18:35*

### **What Forgiveness Is Not**

*1 Peter 2:23*  
*Hebrews 12:6*  
*Psalms 103:12*  
*Romans 12:18*

### **Next Steps:**

1. Continue to pray the Lord's Prayer every day
2. Be sure of your standing with God?
3. Confess sin in your life
4. Repair broken relationships – forgive